

TIMETABLE SEPTEMBER 2026

DAY	MORNING / AFTERNOON	ROOM	TIME	AFTERNOON / EVENING	ROOM	TIME
MON				Phoenix Tuition Taekwondo Ladies Only London Taekwondo Active Community Table Tennis	Room 2 Main Hall Main Hall	16:30-18:30 18.00 – 19.00 20:00 – 21:00
TUES	Children Music Sessions Little Piccolos Elderly Lunch Club United Anglo Caribbean Society	Room 1 Room 2 Kitchen 1	10.00 - 11.00 12.00 - 16.00 12.00 - 16.00	Ballet Angela's Dance School Taekwondo Children Taekwondo London Taekwondo Active	Room 1 Main hall Main Hall	16.45 - 20.30 16.30 - 18.30 18:00 - 20:30
WED	Tots Play Home Ed Taekwondo ADHD/Autism Support Sessions CAAS Group	Room 1 Main Hall Room 2	10.15 – 13.15 10:30 – 11:30 9.00 - 16.30	Ballet Angela's dance school Boxing Class MEM Academy Community Table Tennis	Room 1 Room 2 Main Hall	17.00 - 20.15 18.30 - 19.30 18:00 - 20:00
THURS	Elderly Lunch club United Anglo Caribbean Society	Room 2 Kitchen 1	12.00 - 16.00 12.00 - 16.00	Taekwondo Ladies only Taekwondo London Taekwondo Active Dance Class	Room 2 Main Hall Room 1	18.00 - 19.00 19.30 - 20.30 16.00 - 19.00
FRI	Community Coffee Morning	Room 2	9.30 - 11.30	Taekwondo London Taekwondo Active Phoenix Tuition Boxing Class MEM Academy	Main Hall Room 2 Room 2	16.30 - 20.00 16:30-18:30 19:00 - 20:00
SAT	Ballet Angela's Dance School	Room 1	09:00 – 12.00			