ACTON GARDENS COMMUNITY CENTRE

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TIMETABLE JULY 2026

DAY	MORNING / AFTERNOON	ROOM	TIME	AFTERNOON / EVENING	ROOM	TIME
MON				**Taekwondo Ladies Only** London Taekwondo Active	Main Hall	18.00 – 19.00
				Community Table Tennis	Main Hall	20:00 – 21:00
TUES	**Children Music Sessions** Little Piccolos	Room 1	10.00 - 11.00	**Ballet** Angela's Dance School	Room 1	16.45 - 20.30
		Room 2	12.00 - 16.00	**Taekwondo Children**	Main hall	16.30 - 18.30
	Elderly Lunch Club United Anglo Caribbean Society	Kitchen 1	12.00 - 16.00	**Taekwondo** London Taekwondo Active	Main Hall	18:00 - 20:30
	Dance Classes	Room 1	17.00-19.00			
WED	**Tots Play**	Room 1	10.15 – 13.15	**Ballet** Angela's dance school	Room 1	17.00 - 20.15
	Home Ed Taekwondo	Main Hall	10:30 – 11:30			
				Boxing Class MEM Academy	Room 2	18.30 - 19.30
	ADHD/Autism Support Sessions CAAS Group	Room 2	9.00 - 16.30			
				Community Table Tennis	Main Hall	18:00 - 20:00
THURS	**Elderly Lunch club** United Anglo Caribbean Society	Room 2	12.00 - 16.00	**Taekwondo Ladies only**	Room 2	18.00 - 19.00
		Kitchen 1	12.00 - 16.00	**Taekwondo** London Taekwondo Active	Main Hall	19.30 - 20.30
FRI	**Community Coffee Morning**	Room 2	9.30 - 11.30	**Taekwondo** London Taekwondo Active	Main Hall	16.30 - 20.00
	Jum'uah Prayers	Main Hall	13.15 - 14.00	**Boxing Class** MEM Academy	Room 2	19:00 - 20:00
SAT	**Ballet** Angela's Dance School	Room 1	09:00 – 12.00			
SUN						

For booking enquiries, please email info@actongardens.community or contact us on 020 8075 5240.