

TIMETABLE JULY 2024

DAY	MORNING / AFTERNOON	ROOM	TIME	AFTERNOON / EVENING	ROOM	TIME
MON				Skate Club Rolladome	Main Hall	16.00 – 18.00
				Yoga Class Another Yoga Class	Room 1	19.00 - 20.00
				Community Table tennis Club	Main Hall	18.30 – 19.30
TUES	Acton Gardens Stay & Playgroup Ealing 135 & AGCC	Main hall	10.00- 12.00	Ballet Angela Grant School of Dance	Room 1	17.15 – 20.00
	Elderly Lunch Club United Anglo Caribbean Society	Kitchen 1	12.00 - 16.00	Taekwondo extra children	Room 2	16.30 – 17.30
		Room 2	12.00 - 16.00	Taekwondo Children	Main hall	17.30 – 20.30
				Taekwondo Ladies only London Taekwondo Active	Room 2	18.00 – 19.00
WED	Taekwondo Home Ed Children	Room 1	10.30 - 11.30	Ballet Angela Grant School of Dance	Room 1	17.15 – 20.45
	Sing and Sign Sing and Sign Ealing	Room 2	10.00 - 12.00	Fitness Class MEM Academy	Room 2	18.30 - 19.30
THURS	Elderly Lunch club United Anglo Caribbean Society	Room 2	12.00 - 16.00	Community Table Tennis	Main Hall	20.45 – 21.45
		Kitchen 1	12.00 - 16.00			
	Yoga EHCVS	Room 1	11:00 - 12:00	Taekwondo Ladies only Taekwondo kids extra London Taekwondo Active Zumba	Main Hall Main Hall Room 1	18.00 – 19.00 19.30 - 20.30 18:30 – 19:30
FRI				Taekwondo extra children	Main Hall	17.30 – 20.00
				Taekwondo children London Taekwondo Active	Room 2	16.30 – 17.30
				Fitness Class MEM Academy	Room 2	19:00 – 20:00
SAT	Ballet Angela Grant, School of Dance	Room 1	09.00 - 11.15			
SUN						