ACTON GARDENS COMMUNITY CENTRE

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www.theagcc.co.uk

TIMETABLE OCTOBER 2026

DAY	MORNING / AFTERNOON	ROOM	TIME	AFTERNOON / EVENING	ROOM	TIME
MON				**Phoenix Tuition**	**Room 2**	**16:30-18:30**
				Taekwondo Ladies Only London Taekwondo Active	**Main Hall**	**18.00 – 19.00**
				Community Table Tennis	**Main Hall**	**20:00 – 21:00**
TUES	**Children Music Sessions** Little Piccolos	**Room 1**	**10.00 - 11.00**	**Ballet** Angela's Dance School	**Room 1**	**16.45 - 20.30**
	Elderly Lunch Club United Anglo Caribbean Society	**Room 2** **Kitchen 1**	**12.00 - 16.00** **12.00 - 16.00**	**Taekwondo Children** **Taekwondo** London Taekwondo Active	**Main hall** **Main Hall**	**16.30 - 18.30** **18:00 - 20:30**
WED	**Home Ed Taekwondo**	**Main Hall**	**10:30 – 11:30**	**Ballet** Angela's dance school	**Room 1**	**17.00 - 20.15**
	ADHD/Autism Support Sessions CAAS Group	**Room 2**	**9.00 - 16.30**	**Boxing Class** MEM Academy	**Room 2**	**18.30 - 19.30**
				Community Table Tennis	**Main Hall**	**18:00 - 20:00**
THURS	**Elderly Lunch club** United Anglo Caribbean Society	**Room 2** **Kitchen 1**	**12.00 - 16.00** **12.00 - 16.00**	**Taekwondo Ladies only** **Taekwondo** London Taekwondo Active	**Room 2** **Main Hall**	**18.00 - 19.00** **19.30 - 20.30**
				Dance Class	**Room 1**	**16.00 - 19.00**
FRI	**Jummah Prayer** BACF	**Main Hall**	**13:15 – 14:00**	**Taekwondo** London Taekwondo Active	**Main Hall**	**16.30 - 20.00**
				Phoenix Tuition	**Room 2**	**16:30-18:30**
				Boxing Class MEM Academy	**Room 2**	**19:00 - 20:00**
SAT	**Ballet** Angela's Dance School	**Room 1**	**09:00 – 12.00**			

For booking enquiries, please email info@actongardens.community or contact us on 020 8075 5240.

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