

Ready, set, yoga!

Every Monday, 7:00 - 8:00pm
Acton Gardens Community Centre

Come join this yoga class for a revitalising practice,
perfect for newbies and seasoned yogis alike!

First class is free.

£10 per class and £15 for two classes.

Book online - www.anotheryogaclass.co.uk

No show? No problem!
Credit towards next
visit will be provided.

FAQs

Do I need a yoga mat? Yes!

What should I wear?

Loose comfy clothing. Ideally no socks.

What if I have never done yoga before?

It's ok.

All poses are shown and modifications
will be provided.

Address:

Acton Gardens Community Centre
Unit A, Munster Court, Bollo Bridge Rd,
South Acton, London W3 8UU

Website: www.anotheryogaclass.co.uk

Any questions?

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